#### Health insurance cards will be discontinued as of December 2, 2024

\*As a transitional measure, already-issued health insurance cards can be used for up to one year after the discontinuation date.

Seeing a doctor at a medical institution...

# With an Individual Number Insurance Card

\*Individual Number Insurance Card... The Individual Number Card registered for use as a health insurance card (see reverse side of this sheet for procedure details)

Discover what has changed with the Individual Number Insurance Card and start using it right away!

Individual Number Insurance Card

now available!



# Enjoy high-quality medical care by sharing your medical information!

When seeing a doctor using an Individual Number Insurance Card, information regarding your specific health checkups, medications, and treatments can be shared with doctors and other medical professionals, even at a medical institution you are visiting for the first time, enabling you to receive more appropriate care.

(Only with your consent)





Doctor's perspective



What benefits have you noticed after introducing online eligibility confirmation?



With access to a wealth of information, it is now possible to make more accurate diagnoses and provide more appropriate treatment (and prescriptions).

If we were to prescribe a patient the same medication here as they are already receiving at another hospital, it could potentially harm their health. However, by reviewing the patient's medication and treatment information in advance, we are able to avoid issuing a duplicate prescription.

Benefit 2

### No need to pay large amounts of money at the counter (and no additional procedures required)!

When seeing a doctor using an Individual Number Insurance Card, provided you give your consent, there is no need to make an advance payment for medical expenses exceeding the limit under the High-Cost Medical Expense Benefit, even if you don't have an Eligibility Certificate for Ceiling-Amount Application. No additional procedures with the Japan Health Insurance Association are required to set up this arrangement.





Patient's perspective





The amount I paid at the counter was reduced without needing to apply for anything.

I was hospitalized suddenly and was told it would take a week for an Eligibility Certificate for Ceiling-Amount Application to arrive from the Japan Health Insurance Association. Using the Individual Number Insurance Card was a great help because it allowed me to reduce my out-of-pocket expenses at the counter, even without the certificate.





#### Why is online eligibility confirmation with an Individual Number Insurance Card necessary?





## It will help to prevent fraudulent use of insurance cards and reduce the burden on medical care practitioners

With an Individual Number Insurance Card, ID verification is quick and easy. Patients can check their health insurance eligibility, fraudulent and unauthorized use can be prevented, and administrative work at medical institutions can be streamlined. Thank you for your understanding and support in implementing a sustainable medical care insurance system.

For details on how to use Individual Number Card, scan the QR code on the right.

Video created by the Ministry of Health, Labour and Welfare

[Practical tips on using the Individual Number Card]



The process is simple!

What is the procedure to enable my Individual Number Card to be used as a health insurance card?

To use your Individual Number Card as a health insurance card, you need to personally complete the "Health Insurance Card Registration." Even if you don't plan on using it immediately, we recommend registering as soon as possible.

#### You can **complete the registration** here



**Individual Number Portal** 



Card reader at a medical institution counter



Seven Bank ATM

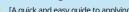


Counters at local government offices

You can check your medical expenses and eligibility information on the Individual Number Portal. It can also be used for tax returns and benefit applications.

For details on how to register your Individual Number Card for use as a health insurance card, please scan the QR code on the right.

Video created by the Ministry of Health, Labour and Welfare | [A quick and easy guide to applying]





If you don't have an Individual Number Card, please obtain one first. Individual Number Card general website





Try using an Individual Number Insurance Card!

The Japan Health Insurance Association has teamed up with the National Federation of Health Insurance Societies to create the "Try using an Individual Number Insurance Card" video. As well as explaining the benefits and ways of using Individual Number Insurance Cards, this video also looks at how the system will change with the discontinuation of health insurance cards from December 2024

Please watch the video to find out more about the Individual Number Insurance Card.

Try using an Individual Number Insurance Card



The Japan Health Insurance Association is committed to promoting good health for all its subscribers and ensuring that they receive high-quality and efficient medical care. We thank you for your support as we continue our efforts to create a safe and secure environment for everyone.



