When your salary is not paid as you are absent from work due to childbirth  $\sim$ Maternity benefits $\sim$ 

When you are absent from work due to pregnancy or childbirth for a long period, sometimes your salary is not paid and you can't have enough for your living expenses.





However when you apply for "Maternity benefits",

the health insurance systems pay compensation to support your daily life.

To apply for the "Maternity benefits", please send an application to your health insurance provider by post.



If you have an insurance card of the Japan Health Insurance Association, please download and print the application form from our website.

Sending the filled application form to the local branch of your district by post.

The benefit will be transferred to your bank account later.

When your salary is not paid as you are absent from work due to childbirth



An insured person who is absent from work due to childbirth without any salary paid during the absence.

Maternity benefits

## [Procedures]

Download and print an application form from the website of Japan Health Insurance Association and send the filled application by post.

## [Amount of money to be paid]

-2/3 of average salary\* for the last 12 months
-42 days before delivery + 56 days after delivery
(\*Total amount of salary reported to social insurance system by your employer, which is not equal to your net income.)

## [ Payment ]

The amount is transferred to your bank account

## [Notes]

(1) On the application form, you need to receive a "certificate of a fact of childbirth" by the **"medical institution"** where you gave birth.

② On the application form, you need to receive a "certificate of non-payment of salary due to absence" by **"your employer"**