

# ~How to use your insurance card~

Once you enroll in the Japanese Public Health Insurance Systems, you can use medical services at certain costs specified by the government at any authorized medical institutions or pharmacies.



Medical consultations or examinations



Medicine



Medical procedures or surgeries



Hospitalization

Presenting your insurance card at medical institutions, you will have to pay only 30% of the total medical cost, and the rest is covered by the Health Insurance System you enroll in.



However, please note health insurance does not apply to all of the medical services:

- Simple fatigue or feebleness
- Plastic surgery for cosmetic purposes
- Vaccination
- Normal pregnancy and delivery
- Abortion for economic reasons
- Advanced medical care under study

Basically, the above medical services are not covered by health insurance.