

Information on Health Checkups by Japan Health Insurance Association

Please undergo an annual health checkup to examine your state of health!
Japan Health Insurance Association subsidizes part of the health checkup costs.
Please do remember to have it.



全国健康保険協会 岐阜支部
協会けんぽ

<http://www.kyoukaikenpo.or.jp/>

Insured person (yourself)

Health checkup to prevent lifestyle related disease
Information



- The brochures and a list of the persons applicable to the health checkup to prevent lifestyle related disease will be sent to employers by post around the end of March.
- There is no need to submit a list of the persons applicable to the health checkup to prevent lifestyle related disease to Japan Health Insurance Association.

【Target Persons】

between 35 and 74 years old
(General Health checkups)



【Procedures】

1. Please make an appointment at one of the designated medical institutions listed in the brochure. When you make an appointment, please let them know the following information.

- Insurance card number printed on your health insurance card
 - Insurer number
 - Your date of birth
 - Medical checkup items you would like to have
 - Scheduled health checkup date
- etc.



2. Please undergo the health checkup according to the instruction and information sent from the designated medical institution.

Please be sure to bring the health insurance card with you on the day of the health checkup.

Dependents of your family members Specific Health Checkups Information



- A brochure including health checkup tickets, prepared according to the data as of middle January, **will be mailed to your home directly around the beginning of May.**
- If you don't receive the tickets, please apply for the tickets separately using "Application form for specific health checkup tickets".

【Target Persons】

between 40 and 74 years old



【Procedures】

1. Please make an appointment with the designated medical institution.
- 2. Please bring health checkup tickets, health insurance card, health checkup fee and health checkup result of the previous year if any, and undergo the health checkup on the day of your appointment.**



In addition to the designated medical institutions, health checkups may be available at public facilities in your area. Please refer to the enclosed information on specific health checkup, etc.